

MENTORING FOR CHRIST-CENTERED HOMES
Christ's Resurrection 2022 Newsletter



Dear Brothers and Sisters,



Do You Grieve Well?

I am reminded that with two plus years of the pandemic, we're so prone to want things to be normal again. Has this long wait compounded by our fear of Covid-19 infection, social isolation and uncertainty about the future making us feel anxious and depressed? In such a time as this how are we to respond as

Christ's witnesses to the world? As I reflect on Jesus' prayer at Gethsemane this Holy Week, I am reminded of two things. The first is His honest disclosure of His distress with His disciples (Matt. 26:38). The second is His powerful prescription of watching and praying in facing their distress Matt. 26: 38).

Knowing that Jesus was honest about His weakness reminds us of what Hebrews 4:15 says about His qualification as our high priest. Because He personally experienced weakness during His incarnation, He can sympathize with us instead of rejecting us when we are weak. Being reminded of this help point out my faulty understanding that grieving is an expression of weakness. It enables me to be honest about my disappointment and frustration when I did not get the commitments or results in response to my ministry that I was expecting. Realizing this helped me to grieve my loss, e.g., my unmet expectations. Through this process the Lord showed me how self-centered I was and how this led to blaming myself and others for not working hard enough or smart enough. Consequently, this paves the way for me to accept Christ's powerful prescription of watching and praying in facing my loss.

Through watching and praying I have direct access to Christ's compassionate advocacy for my weakness before His Father (Heb. 4:15). When this happens, I am drawn closer to Christ, who is gentle and humble so that I find rest to my soul (Matt. 11:29, 30).

Now do you understand why I ask the question; do you grieve well? If your answered "no" just like me then let me direct, you to Christ. He is your sympathetic high priest who brings rest to your soul when you honestly share your weakness with Him. Amen?

Johnny and Sun Koo To

As you read this Christ's Resurrection edition of MCCH newsletter you will blessed to see:

- God's hand in transforming lives through prayer for spiritual victory
- God's call to brothers to be authentic warriors in their homes
- God answers prayers for the growth and expansion of MCCH's ministry

1. MCCH Ministry Updates

a. Anita's Prayer for Victory in Spiritual Warfare

The Lord is adding new students both locally and globally to this prayer training. It involves an 18-week commitment and daily devotional. Coaching is provided as requested. A sister shares how this training and coaching has a transformed and blessed her life (see page 3).

b. Tabernacle Prayer Brothers and Sisters Group

In the last six months both prayer groups reviewed sessions taken from Doug and Avril teaching series on how Spiritual Warfare affects marriage and the family. As a result,



participants have been equipped to use prayer to submit to God and to resist the devil (James 4:7).

In the last issue of MCCH newsletter we announce the start-up of a sisters' group in Taiwan. To learn how the Lord has used this group to strengthen a sister's prayer life please go to page 4.



c. Authentic Warrior

Brothers who participated in Paul Tomlinson's *Authentic Warrior* (AW) 2021 seminar met again last quarter. In their accountability groups they reviewed the AW teaching, identified their core values, and developed their family mission statement. May this mission statement serve as a blueprint for their families to become Christ-centered.

d. Prayer Supporters' Recruitment

Anticipating that our ministry this year would further penetrate Satan's territory MCCH staff have been inviting people to join their prayer team.

2. Finance Team

For the staff to serve on the front line of ministry they are very grateful for the behind-the-scenes support coming from the MCCH Finance Team. We thank Lukas Tjandra, treasurer, Paul Tefft, Assistant Treasurer and Lister Mak, tax consultant. Together they process the offerings received and disburse the funds according to donor's intent and conforming to IRS directives for non-profit organization. Besides finances they steward our office equipment and supplies and file timely IRS reports.

3. Training

a. Northwest Ministry Conference (NW MinCon)

MCCH staff found this year's NW MinCon theme, e.g., *Faith, Sexuality and Gender* addresses a primary issue of families today. We benefitted from the plenary session for speaking more broadly about gender confusion, racial tension, and mental health concerns. The workshop speakers complemented them by training participants on how to apply their teachings. In our post-conference debriefing, MCCH staff shared ways to integrate lessons from the conference into their lives, discipling, and mentoring.

b. ECC Missions Committee

Johnny feels privileged to learn from and to teach from *Introduction to World Christian Mission* produced by the Institute of Theological Studies. The purpose of the training is to equip ECC Missions Committee to contribute to ECC's vision to become a missional church. Just to anticipate the possible outcomes the Lord may bring from this training makes my involvement exciting!

Announcement and Prayer

MCCH will sponsor *the Family and Mental Health* (<https://forms.gle/fkQ2binD7SgeTQfL7>) on May 21, 2022. Pray for the speakers Phoenix Li and Nicole Cho's presentation. May the Lord use the forum to help individuals and families to do better in responding to the mental health crisis aggravated by the pandemic and war.



Cindy Su's Testimony

屬靈的教導以及裝備對我的幫助

感謝讚美主, 因著疫情的關係, 讓屬靈爭戰課程, 可以全面的網路上課, 在家裡, 也可以得到屬靈的教導以及裝備. 這次是我第2次上課, 每次Anita老師, 用聖經的經文, 來講出聖經所要教導我們的知識. 讓我對於聖經經文, 又有一個更新的看見與認識. 甚至於, 對於以前一些不能理解的經文, 終於有一個正確的認知.

在第一堂課, 老師講到為什麼基督徒不能活出生命的豐盛, 為什麼生命中還有許多的綑綁. 我才更加的看見自己被綑綁的原因, 也更加理解到什麼是從神而來的, 什麼心思意念是撒旦的謊言. 老師常說的, 從以前的不知不覺, 到後知後覺, 再更進一步的先知先覺.

更進一步的, 老師的課程中, 教導了我, 釐清事件和真相的不同, 提醒我, 我們面對的, 不是人, 而是要認清是背後撒旦的屬靈的攻擊. 也教導我如何為自己與家人護守, 教導我如何為還未信主的先生, 家人禱告.

我特別喜歡Antia 老師教導的, 穿上神的軍裝, 還詳細的把每一個裝備的目的, 清楚的說明白, 所以我對於每一個裝備, 都有更深的認識, 與正確的用法. 這是在別的地方都還沒聽過的.

老師今年3月開始上課, 巧和我在BSF今年查馬證, 解決了我好多對於不意, 有了好多的收穫. 其面, 迦南婦人求耶穌醫治答說: 不好拿兒女的餅

要建立一個屬靈日記, 把得勝的見證, 寫下來, 不要白白浪費你的苦難, 把過去的經歷, 禱告神挪去中間的傷害, 留下記憶, 成為別人的幫助.

每一堂課程講到的, 都恰太福音的課文中, 互相印懂的經文, 還未理解的含中, 馬太福音地15章裡被鬼附身的女兒, 耶穌回丟給狗吃. 這句經文困

擾了我很多年, 總覺得耶穌的回答看似不近人情. 但是Anita 老師說了自己的見證, 以前自己得到了什麼啟示, 還是很多見證好想和人分享, 還是以前自己很熱心的想要幫助別人, 但是後來才了解到, 基督徒也要有智慧的分享, 給予別人幫助, 要穿戴軍裝, 要聽聖靈, 不要走在神前面. 馬太福音10章16節說, 我差你們去, 如同羊進入狼群; 所以你們要靈巧像蛇, 馴良像鴿子. 現在我就能有智慧的, 如何保守自己的嘴, 要在神的時機裡, 才有智慧的說. 遇到困難時, 不要找糖吃, 要等候神.

Anita 老師說她領神呼召, 要來教屬靈爭戰的課, 但是這中間有9年的時間, 生活不但沒有變好, 反而變得更糟, 一直到後來, 才明白, 這些遭遇, 都是神在裝備她, 好讓她有能力來幫助上課的學生. 上這堂課的那個禮拜, 我們BSF查經查到耶穌告訴門徒, 他第二次再來一前, 這末世的光景恰好是這世界, 會變得更糟, 天災, 國要攻打國. 正呼應到老師說的, 在事情變好前, 會先變得更糟. 在那堂課的最後, Anita老師說, 要建立一個屬靈日記, 把得勝的見證, 寫下來, 不要白白浪費你的苦難, 把過去的經歷, 禱告神挪去中間的傷害, 留下記憶, 成為別人的幫助.

三位一體真神的工作超過我們所想，且呼召我們與祂同工。而成為神的工人來服侍，更要謙卑瞭解並不是誰來幫助誰，而是平行關係的互惠和分擔！阿們！

2021年八月底我回台灣探親，原本以為只是和杜師母每週一次在線上回顧

Avril師母的專題，但是神的帶領把另外幾位台灣姊妹也加入我們（可以稱得上是四代同堂，不是因為年齡的差距，而是因為一個帶領一個操練默觀導讀的果子），於是台灣會幕禱告線上小組在九月初產

生了。在12月中旬我預備要回到西雅圖之前，去探訪其中一位H姊妹。

這位H姊妹因為小腦萎縮，說話和動作都不是很方便，但是她仍然堅持每周清晨5:30和我們一起學習和禱讀。我懷著興奮的心情，捧著水果茶和零食到了她家。寒暄之後坐下，最後當我引出真正令她憂心的是什麼？她說她憂慮

自己相依為命的80歲的母親如果過世，她該怎麼辦？當時的我突然有一股很深的哀傷湧上心頭，因為在那個當下，我雖然不斷地在心裏禱告，但是卻愕然發現自己什麼都沒有：沒有諮詢的訓練、沒有病理專業、沒有醫病和方言的恩賜、甚至沒有任何經文出現在腦子裏…我就是那個心裏淌著淚的她。我帶著那個淌著淚的心，苦悶的捧在神面前安靜了好幾天。我熱愛神的話，研究神的話，我一直相信神的話是有力量，是一切問題的答案，但是為什麼那個當下除了心裏流淚，沒有任何神的話說得出口？

就在12月底晚上，我決定把馬太福音讀一遍來跨年。當我從後面28章往前讀，神給了我一個特別不一樣的眼光。以往我會為耶穌基督為救罪人所走的苦路，傷心流淚，因此激勵我要更相信祂、愛祂。但是這次我卻看見那有權柄神性和有血淚人性的耶穌，是祂自己主動選擇順服神的旨意，祂的沈默不語釋放出最強大主導的力量—拒絕撒旦誘惑祂使用神性逃離受苦，且選擇上十字架受死來成就這世上最大的功—勝過撒旦和死亡的權勢，將人從罪惡當中救贖出來。繼續往前一章一章的讀，聖靈一次又一次地讓我看見三位一體真神的工作不僅藉著耶穌所說的話語釋放出巨大的能力，在耶穌沈默的時候，神的靈依然積極在運行、在佈局。

作為神的兒女，有聖靈住在我們心中。在面對心靈破碎的人時，我有人性的同理，也要順服聖靈的帶領來分辨那分享神話語和安靜聆聽陪伴的時候，讓聖靈來主導做工。要有這樣的順服和確信，知道有權柄和憐憫人的神從不誤事！

之後徵得H姊妹的同意，在會幕禱告中和姊妹們分享這段特別的經歷：三位一體真神的工作超過我們所想，且呼召我們與祂同工。而成為神的工人來服侍，更要謙卑瞭解並不是誰來幫助誰，而是平行關係的互惠和分擔！阿們！