

MENTORING FOR CHRIST-CENTERED HOMES

Christ's Thanksgiving 2024 Newsletter



Enter his gates with thanksgiving & his courts with praise; give thanks to him & praise his name. For the Lord is good & his love endures forever; his faithfulness continues through all generations. Psalm 100:4-5

I am so grateful to the Lord for His sovereign plan for me. Last July when I was at a summer conference. I anticipated being renewed spiritually by the Lord through His Word and through fellowship with brothers and sisters. Unfortunately, I caught something that cause me to have a mild fever and nagging cough. This was followed by low energy and low mood so the entire time at the retreat I minimize my exposure to people.

For two months I ask the Lord to restore my energy back to normal. Each time I can sense Him saying "This time of waiting will be beneficial for you." Initially it was hard for me to accept His response because I could barely cover half of my daily workload. However, after I grudgingly accepted that the Lord's response I was prompted by Him to make lifestyle change. I started my day earlier to go for walks. As I do this I spontaneously sing worship songs to Him. This was a surprise to me because in the past I wanted to include praise singing into my personal worship but was unsuccessful. Through my daily worship and media fast, I gradually shifted my focus from my low energy and low mood to the Lord! Two months into this, the Lord raised my energy to a higher level than before so that I can listen to Him more clearly, be affirmed in my identity in Christ, and gain a greater passion to worship Him and to love those whom I serve! For this reason, Psalm 100 prompted me to celebrate this spiritual breakthrough with you. Would you like to experience a God moment for spiritual breakthrough? *Johnny To*

Please join us in thanking the Lord for ministry highlights based on the second half of 2024.

Tabernacle Prayer (TP)

As the four TP groups allow the scriptures to speak to them about God and His personal invitation to be and to do they have grown in their intimacy with Him. This has resulted in greater love and prayer for each other.

Victorious Prayer

Besides conducting spiritual warfare prayer training this year Anita provided a spiritual warfare seminar for the Evangelical Chinese Church *Stephen Ministry* workers. This is an answer to her prayer for this year.



Biblical Rest Practicum (BRP)

Benefits & Commitments made:

I gained a fresh understanding of Jesus' yoke being easy and light.

Knowing that Jesus is gentle and humble motivated me to learn from Him.

As I seek God's healing for my Father Absent wound I can draw near to God as Father.

"Be still and know that I am God" shaped my understanding of rest.

I have incorporated silence into my daily quiet time to hear God's voice.

I have made memorizing scripture a daily practice of bible meditation.

Praying without words (contemplation) allowed me to deeply experience God's presence and love.

Think Tank

The Lord has used this group of young catch His vision, for life, career and relationship was fostered through hope and vision and reflection on their personal characteristics and desire for In addition to this they went on a hike



careers to help them relationship. Their topical discussion of accomplishment, behavioral change. during the summer.

Young Couple Life Stage

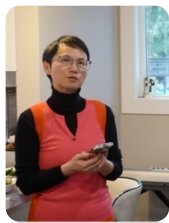


Since last year four couples from this group welcome had a newborn! The three first time parents welcomed the coaching and mutual support that help ease their transition to this important life stage.

Group

MCCCH Board

We are deeply grateful for Allen Tu, Joyce Hodge and Lukas Tjandra for serving on our Board for 3 or more years. We welcome Karen Tu to serve Board secretary and Edwin Tjandra as Board Assistant treasurer beginning January 2025.



Testimony (Judy Fan, student of Anita's *Spiritual Warfare Prayer*)
*English version of testimony's link*¹

圣灵让人重生

2020年我有幸参加了Anita老师的得胜祷告课。在上课的过程中，圣灵在我和我女儿身上有了奇妙的改变。

2021年由于疫情女儿一直在家里上课。我们一家是2019年8月正式移美国，离开了好朋友，又要重新适应一个新环境，加上疫情困在家中，女儿有天突然说了一句话：“儿童节目的一个女孩突然自杀了，她是一个很开朗的人，想不到她也会自杀，不能只看外表，开朗只是外面，心里可能抑郁了，她好像在暗示我什么？她告诉我她可能有社恐，不够自信。我听后感很警醒，当时就存在心里了。（因为这段时间，女儿都是闷在房间，很孤独，本来就缺少朋友，现在更不适应了，一个曾经开朗的女生，现在情绪低落，没有了人生目标，而且情绪很容易就焦虑、生闷气）当时圣灵催迫我为女儿护守祷告，感谢主！我就用祷告课上学的内容来祷告，当我跪下，圣灵让我感觉到里面有一种孤独无助难过的感觉，我泪流满面就好像感同身受，更加坚定了我要每天为女儿祷告的决心。刚开始，我反复提醒自己要记住老师说的：“筑起祷告祭坛，可能环境更差，因为傻旦不想我们得胜，就会拉扯搅扰我们，可能关系会更紧张，不要担心，要有信心继续祷告继续护守，我就每天为女儿穿军装、主的宝血遮盖。”当时真的是女儿的情绪更敏感，我一

¹ <https://www.dropbox.com/scl/fi/x2gd4tjigkjlex5rcorqs/Judy-Fan-s-Testimony-MCCCH-2024-Thanksgiving-Newsletter.docx?rlkey=5m3kswgk6387ic1g3sf665grl&st=p9a2id66&dl=0>

教导她，她就不耐烦的说：“你又说这些”，看到她的反应，我并没有按我以前的方式跟她辩论到底，而是说：“好了，各自冷静一下吧！”

我就退到自己的房间为她祷告，奉主的名吩咐一切邪灵离开我们，去到耶稣要它去的地方。为我们穿上军装，用主宝血遮盖，宣告我们的身份…，圣灵动工，很快就平静下来，女儿有时会跟我道歉，最奇妙的是我跟她道歉，说：“还是你聪明，以前你叫我为你祷告，我就说你不要依赖我帮你祷告，你要自己去祷告，其实你比妈妈聪明，妈妈不够智慧，会找人帮忙代祷是聪明的！”她望着我很惊奇的样子，觉得意外，因为我甚少向她道歉，并且谦卑承认自己不够聪明还认可她。她委屈的说：“对呀！我请你为我祷告，又不是说我不祷告了！”就这样，主一步一步的修复了我们的关系，就是这样我天天跪在床上两三个小时祷告亲近神，为女儿为我的家守护，祝福孩子的学习，与主的关系…过了一段时间，一天，女儿突然走来对我说：“感谢主！我回来了，其实我已经离开了主三年了，初中的时候祷告没有成就，越来越没有信心、越来越不信、越来越远离主！”当我听到时，内心无比激动喜乐！我抱着她激动的说：“感谢主！虽然你祷告神好像没有回应你，但是祂一直都在看顾你、保守你！一直都在你身边，因为你是耶稣的小宝贝！”我看到圣灵在人身上的工作，祂可以软化人的心，谦卑下来！

从那以后，我们常常一起祷告，女儿无论是学习、生活各方面都邀请我为她代祷。我更加喜欢聆听她内心的喜怒哀乐，我被圣灵所改变，将她的喜怒哀乐都存在心里，成为我祷告的内容，反复操练、装备自己，得胜祷告课上所教的我都拿起来操练，神给我越来越多的礼物，让我的灵也越来越敏锐，我也越来越喜欢祷告、越来越看到祷告的力量！跟主的关系也越来越好！我俩也越来越喜乐！

我一直以为神是来改变我女儿，但其实神是先改变我，以我的改变来影响女儿回到神家，让她看到神是真实的、是活的、是看得见的、是摸得着的、可以改变人的、可以赐给人新生命。我感觉到自己像重生了一样，我都不认识我自己了，那个旧的我已经死了，现在的我是一个全新的自己，我亲身见证了这个课程给我和我女儿带来不一样的新生命！

现在我的女儿和我一起同工，常常提醒我得胜后要警醒，以前谈论的话题是世界的，现在回来都是问属天的问题，圣经的问题、祷告的问题，甚至在经历团契中一些事情的时候，迫切祷告，祷告中神向她说话，（用粤语）翻译过来是说：“你是多么蒙神喜悦！”而且立刻给她三次的圣灵感动，让她知道这是出于神！她激动地告诉我，这是她人生当中最幸福的时刻！我就告诉她：“从这一刻开始你要不断不断地去经历这种幸福时刻！”

今年暑假我们一家人一起去丹佛为主做工，她紧紧地跟着我们，生怕错过每一个细节，一起见证神的大能，当她在为肺癌的姊妹两次祷告时，姊妹都说有圣灵感动，而且很喜悦她。今年在大学团契中她成为同工，带领诗歌，组织同工们祷告，从害怕祷告，到不再有压力，祷告越来越有信心力量！现在的她也是被圣灵打开了重生的开关，成为一个新造的人，感谢主！神的工作一直在持续不断，让我们一家蒙祝福、被圣灵改变，不断的去经历祂，信心被建造成为合神心意的人！我将一切的荣耀与颂赞都归给天上的父！

Prayers for MCCH 2025 Plans

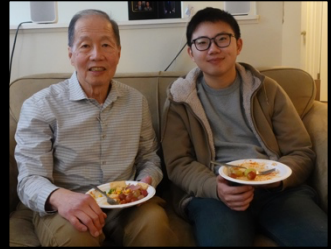
Please join us in praying for the following needs:

1. Men's ministry to train men in biblical manhood that seeks to honor God by leading their families to build Christ-centered homes.



Peace be Still

2. Biblical Rest Practicum will mentor new and returning participants to learn and practice 6 spiritual disciplines so that they will grow in intimacy with God through rest.



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