

## MENTORING FOR CHRIST-CENTERED HOMES

### Christ's Thanksgiving 2024 Newsletter



*Enter his gates with thanksgiving & his courts with praise; give thanks to him & praise his name. For the Lord is good & his love endures forever; his faithfulness continues through all generations. Psalm 100:4-5*

I am so grateful to the Lord for His sovereign plan for me. Last July when I was at a summer conference. I anticipated being renewed spiritually by the Lord through His Word and through fellowship with brothers and sisters. Unfortunately, I caught something that cause me to have a mild fever and nagging cough. This was followed by low energy and low mood so the entire time at the retreat I minimize my exposure to people.

For two months I ask the Lord to restore my energy back to normal. Each time I can sense Him saying "This time of waiting will be beneficial for you." Initially it was hard for me to accept His response because I could barely cover half of my daily workload. However, after I grudgingly accepted that the Lord's response I was prompted by Him to make lifestyle change. I started my day earlier to go for walks. As I do this I spontaneously sing worship songs to Him. This was a surprise to me because in the past I wanted to include praise singing into my personal worship but was unsuccessful. Through my daily worship and media fast, I gradually shifted my focus from my low energy and low mood to the Lord! Two months into this, the Lord raised my energy to a higher level than before so that I can listen to Him more clearly, be affirmed in my identity in Christ, and gain a greater passion to worship Him and to love those whom I serve! For this reason, Psalm 100 prompted me to celebrate this spiritual breakthrough with you. Would you like to experience a God moment for spiritual breakthrough? *Johnny To*

Please join us in thanking the Lord for ministry highlights based on the second half of 2024.

### Tabernacle Prayer (TP)

As the four TP groups allow the scriptures to speak to them about God and His personal invitation to be and to do they have grown in their intimacy with Him. This has resulted in greater love and prayer for each other.

### Victorious Prayer

Besides conducting spiritual warfare prayer training this year Anita provided a spiritual warfare seminar for the Evangelical Chinese Church *Stephen Ministry* workers. This is an answer to her prayer for this year.



### Biblical Rest Practicum (BRP)

Benefits & Commitments made:

*I gained a fresh understanding of Jesus' yoke being easy and light.  
Knowing that Jesus is gentle and humble motivated me to learn from Him.  
As I seek God's healing for my Father Absent wound I can draw near to God as Father.*

*"Be still and know that I am God" shaped my understanding of rest.  
I have incorporated silence into my daily quiet time to hear God's voice.  
I have made memorizing scripture a daily practice of bible meditation.*

*Praying without words (contemplation) allowed me to deeply experience God's presence and love.*



## Think Tank

The Lord has used this group of young catch His vision, for life, career and relationship was fostered through hope and vision and reflection on their personal characteristics and desire for In addition to this they went on a hike



careers to help them relationship. Their topical discussion of accomplishment, behavioral change. during the summer.

## Young Couple Life Stage

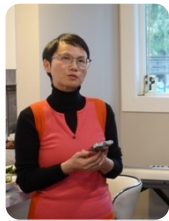


Since last year four couples from this group welcome had a newborn! The three first time parents welcomed the coaching and mutual support that help ease their transition to this important life stage.

## Group

## MCCH Board

We are deeply grateful for Allen Tu, Joyce Hodge and Lukas Tjandra for serving on our Board for 3 or more years. We welcome Karen Tu to serve Board secretary and Edwin Tjandra as Board Assistant treasurer beginning January 2025.



## Testimony (Judy Fan, student of Anita's Spiritual Warfare Prayer)

*The Holy Spirit regenerates people. In 2020, I had the honor of attending Teacher Anita's victory prayer class. During the class, the Holy Spirit made miraculous changes in me and my daughter. In 2021, due to the epidemic, my daughter has been taking classes*

*at home. Our family officially immigrated to the United States in August 2019. We left our good friends and had to adapt to a new environment. In addition, we were trapped at home due to the epidemic. One day, my daughter suddenly said: "A girl on a children's program suddenly committed suicide. She was a very cheerful person. I didn't expect that she would commit suicide. You can't just look at the appearance. Cheerfulness is just on the outside. She may be depressed in her heart. What is she hinting at me? She told me that she may have social phobia and lack of self-confidence. I was very alert after hearing this, and I kept it in my heart at that time. (Because during this period, my daughter was bored in the room, very lonely, and lacked friends. Now she is even more uncomfortable. A girl who used to be cheerful is now depressed and has no goals in life. She is easily anxious and sulky.) At that time, the Holy Spirit urged me to pray for my daughter. Thank God! I used the content learned in the prayer class to pray. When I knelt down, the Holy Spirit made me feel a sense of loneliness, helplessness and sadness inside. I burst into tears as if I felt the same way, and I felt even more It strengthened my determination to pray for my daughter every day.*

*At the beginning, I repeatedly reminded myself to remember what the teacher said: "Building a prayer altar may make the environment worse, because the fools don't want us to win, they will pull and disturb us, and the relationship may become more tense. Don't worry, have faith and*

*continue to pray and protect. I put on military uniforms for my daughter every day and covered her with the precious blood of the Lord. "My daughter was really more emotional at that time. Whenever I taught her, she would impatiently say, "You are saying these things again." Seeing her reaction, I did not argue with her as I did before, but said, "Okay, let's calm down!" I retreated to my room to pray for her, and commanded all evil spirits to leave us in the name of the Lord and go to where Jesus wants them to go. We put on armor for us, covered with the blood of the Lord, and declared our identity... The Holy Spirit worked, and soon calmed down. My daughter would sometimes apologize to me. The most surprising thing was that I apologized to her and said, "You are still smart. In the past, when you asked me to pray for you, I told you not to rely on me to pray for you, and you should pray by yourself. In fact, you are smarter than your mother. Your mother is not smart enough, but it is smart to ask someone to help pray for you!" She looked at me in surprise and was surprised because I rarely apologized to her, and humbly admitted that I was not smart enough and recognized her. She said aggrievedly, "Yes! I asked you to pray for me, but it doesn't mean that I won't pray. I have been away from the Lord for three years. When I heard this, I was very excited and happy! I hugged her and said excitedly: "Thank the Lord! Although God doesn't seem to respond to your prayers, He is always watching over you and protecting you! He is always by your side because you are Jesus' little baby!" I saw the work of the Holy Spirit in people. He can soften people's hearts and make them humble! Since then, we often pray together. My daughter invites me to pray for her in all aspects of study and life. I like to listen to her inner joys, sorrows, anger and happiness. I was changed by the Holy Spirit and kept her joys, sorrows, anger and happiness in my heart, which became the inner meaning of my prayers. I have been practicing and equipping myself with the content of the Victory Prayer Course. I have practiced what was taught in the Victory Prayer Course. God has given me more and more gifts, making my spirit more and more sensitive. I like to pray more and more, and I see the power of prayer more and more! My relationship with the Lord is getting better and better! We are also getting happier!*

*I always thought that God came to change my daughter, but in fact, God changed me first, and used my change to influence my daughter to return to God's house, so that she could see that God is real, alive, visible, and tangible, and can change people and give people new life. I feel like I have been reborn. I don't know myself anymore. The old me is dead. Now I am a brand new person. I have personally witnessed that this course has brought a different new life to me and my daughter!*

*Now my daughter and I work together, and she often reminds me to be vigilant after victory. The topics we talked about before were worldly, but now we ask heavenly questions, Bible questions, and prayer questions. Even when we experience some things in the fellowship, we are eager to pray. During the prayer, God spoke to her, (in Cantonese) which translated to: "How pleased God is with you!" And immediately gave her three inspirations of the Holy Spirit, letting her know that this was from God! She excitedly told me that this was the happiest moment in her life! I told her: "From this moment on, you have to continue to experience this happy moment!"*

*This summer, our family went to Denver to work for the Lord. She followed us closely, fearing that she would miss every detail, and witnessed the power of God together. When she prayed for a sister with lung cancer twice, the sister said that she was inspired by the Holy Spirit and was very pleased with her. This year, she became a co-worker in the university fellowship, leading songs and organizing co-workers to pray. From being afraid of praying to no longer having pressure, praying has more and more faith and strength! Now she has also been turned on by the Holy Spirit to become a new creation. Thank the Lord!*



*God's work has been continuous, allowing our family to be blessed and changed by the Holy Spirit, constantly experiencing Him, and building faith to become people who are in line with God's will! I give all the glory and praise to the Father in heaven!*

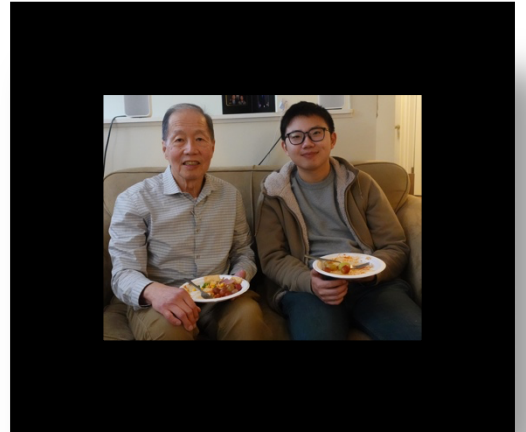


*Peace be Still*

### **Prayers for MCCH 2025 Plans**

Please join us in praying for the following needs:

1. Men's ministry to train men in biblical manhood that seeks to honor God by leading their families to build Christ-centered homes.
2. Biblical Rest Practicum will mentor new and returning participants to learn and practice 6 spiritual disciplines so that they will grow in intimacy with God through rest.



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