



## MENTORING FOR CHRIST-CENTERED HOMES Thanksgiving 2025 Newsletter

### Welcome to the Season of Reaping!

Why do we love the fall? Beyond the crisp air and changing leaves, it's the **deep satisfaction of the harvest**. That feeling of gathering what was sown isn't limited to the farm; it's a profound spiritual truth captured in **Psalm 126:5: "Those who sow in tears will reap with songs of joy."**

You — our faithful supporters — have sown prayers, time, and resources. And this season, we are overjoyed to share the abundant harvest.

In this report, the MCCH staff wants to share our **songs of joy** as we fulfill the God-given mission\* you support. Get ready to celebrate the tangible impact your partnership made in the second half of 2025!



*Johnny To*

### *Johnny and Sun Koo's Reaping*

#### **Family Ministry: A Partnership Across Generations**

We are thrilled to share how your prayers and support are strengthening families at every life stage:



#### **Young Parents: Mentoring in Real-Time**

Your support created a unique space for two families—one just starting out, one more experienced—to learn biblical parenting principles together. As they discuss Christ-centeredness and relationship building, **a powerful thing happened**: the seasoned couple naturally stepped up to mentor the younger parents.

This organic, multi-generational discipleship is the heart of

what we do. **Thank you, Lord for fostering a community where wisdom is freely shared!**

#### **Seasoned Parents: Restoration Through Grace**

We recently had the profound privilege of coaching a couple who first attended our parenting training two decades ago. They came back to us, desperate for guidance on a fractured relationship with their adult child. Instead of focusing on changing their daughter, we worked with them to shift their focus to **being Christ-centered** in their objective and leading with love. After months of intensive prayer and community support, we celebrate this major victory: **The parent-daughter relationship has been restored!**

**Impact:** This transformation powerfully demonstrates that a Christ-centered relationship is *always* worth the effort and is only possible through God's amazing grace.

### *Allen Tu & Johnny To's Reaping*

#### **Men's Ministry: Building Disciples Who Make Disciples**

It is encouraging to see the Lord uniting men from three of our Tabernacle Prayer (TP) groups who have made a serious commitment to a **disciple-making training**.

To prepare, these groups are meditating on God's Word then responding Him through focused prayer. We anticipate this training will not only kindle the participants' hearts for personal evangelism and Christian disciplines but also equip them to be stronger **family leaders** in their homes thus contributing to their churches in becoming Christ-centered as well.

**Next Step for You:** Please pray specifically for this group of men and for the *wisdom and fire* they will need to apply this training faithfully in the year ahead.

\* The mission of MCCH is to develop Christ-centered disciples, homes and churches through mentoring for life transformation. MCCH partners with local congregations to fulfill this.

*Anita Phang's Recapping*

### **Reflections on Releasing Fear: A Journey to Surrender** *A Student of Anita*

Anita's lesson on "How to Release Fear" sparked deep reflection. While I realize I'm not afraid of death, certain fears still leave me feeling captive.

Today in prayer, I posed a direct question to the Lord: "If I am not afraid of death, why am I still bound by fear?" I recalled Teacher Anita's earlier teaching that "**There is no fear in love,**" which had previously led me to believe my fear stemmed from a lack of God's complete love.

As I continued to press for an answer, the Holy Spirit brought the story of Daniel's friends to mind. They were fearless because they knew **God was in control**. I committed: "Lord, even if I must be burned to death like them, I will not back down." Yet, the persistent fear prompted a deeper question: What is the *true* root?

The Holy Spirit revealed it: "Satan often seizes upon the people and things we care about most, making us fearful." I instantly understood: my **daughter is my greatest weakness**. While I can entrust my own life, the thought of her suffering causes me to break down. This worry is currently heightened by her upcoming driver's license test, a task she faces with courage despite a past car accident.

When I asked God why I was more fearful than she was, the Spirit asked if I could truly entrust my greatest love to Him, likening it to **Abraham offering Isaac**. I confessed my deep, protective fear—I was terrified of her failing, believing it would affect her life, future, and faith.

But then came the profound realization: "**You fear that her failure will lead to the loss of your faith, your joy, and your glory. You fear her failure will become your shame, because you have not yet fully surrendered everything to God.**"

Hearing this, I wept and immediately declared: "Lord, I am willing to submit; I will give everything completely to You."

When the inner voice of doubt challenged, "You will regret it," I instantly responded, "I will not regret it!" I affirmed the pastor's three core commitments shared in a message: **No reserve, no retreat, no regret.**

I also recalled Teacher Anita's guidance: "If you seek first His kingdom and His righteousness, all these things will be given to you as well."

Today, the excessive anxiety over my daughter's exam is gone. The Lord showed me the true root of my fear: not the external circumstance, but the part of my heart I had withheld from His complete trust. I am now willing to let go and entrust even what I love most to Him, because He deserves my complete surrender. Thank the Lord!

*Allm Tu's Recapping*

**1. Spiritual Growth & Fellowship: The Anchor and the Lifeline** *Charlie Wang*

The TP's *Lectio Divina* and prayer gatherings have been a **profound spiritual anchor** in my daily walk.

- **Transformation over Information:** The meditative reading of Scripture has moved me from simply *rushing for information* to **dwelling in God's Word for transformation**. This practice has deepened passages into my soul, offering support during spiritual challenges and beautifully complementing my personal Bible reading.
- **Shared Lifeline:** Fellowship with the brothers has been greatly strengthened. Hearing diverse engagement with the text broadens my understanding, and our time of open, humble intercession has shown me prayer not just as a personal practice, but as a **shared lifeline that unites our hearts** in Christ.
- **Encouragement:** I consistently leave each gathering feeling **spiritually fed, encouraged, and more deeply connected** to the body of Christ.

## 2. Deepening Our Knowledge of God: Series Highlights

While every series has contributed, **two have been especially impactful** in knowing God better:

- **The Spirit & the Son (John 15 & 16):** This series was a watershed, bringing to life the **intimate, empowering relationship** between the Father, Son, and Holy Spirit. It revealed spiritual growth not as solo effort, but as **constant dependence on Christ, the Vine**, through the indwelling Spirit. Jesus' promise of the Helper became practical and personal.
- **God is Love (1 John 4):** This series offered a crucial **relational and transformative challenge**. It helped me rest in God's love while compelling me to **sincerely and humbly reflect that love outward**, significantly improving my relationships with my wife and children.

## Prayer Requests

### 2026 Ministry Plans

#### 1. Life Stage Mentoring

Think Tank (single career)'s **Focus:** Iron Sharpen Iron: A Brotherhood of Purpose

Newly Married Couples' **Focus:** **Marriage as Mission: Reflecting Christ and His Church**

Young Parents Training's **Focus:** The family unit is the **primary incubator for faith**.

#### 2. Men's Ministry's **Focus:** **Step Up and Share Your Story: From Training to Transformation**

Please contact us at: [mentoring4christ@gmail.com](mailto:mentoring4christ@gmail.com), [www.mentoring4christ.net](http://www.mentoring4christ.net) or (253) 639-5683



MCCH Board & Staff with spouses



MENTORING FOR CHRIST-CENTERED HOMES

Thanksgiving 2025 Newsletter

## MCCH 2025年感恩節通訊

歡迎來到豐收的季節！



我們為何如此熱愛秋天？除了清爽的空氣和變色的樹葉，更重要的是收穫帶來的深刻滿足感。這種收穫的感覺不僅限於農場；它也蘊含著深刻的屬靈真理，正如詩篇126篇5節所說：“流淚撒種的，必歡呼收割！”

你們 - 我們忠實的支持者 - 播下了禱告、時間和資源的種子。在這個季節，我們無比

喜悅地與你們分享豐盛的收穫。

在本期報告中，MCCH全體同工將與你們分享我們歡樂的歌唱，因我們實踐了神賦予的使命，也是你們所支持的使命。讓我們一起準備來慶祝，在你們的同工下，我們在2025年下半年所帶來的實質成果！

### 家庭事工：跨世代夥伴關係

我們非常高興地與你分享，你的禱告和支持如何幫助各個年齡層的家庭獲得力量：

年輕父母

:

即時輔導

你的支持為兩個家庭 — 一個剛為人父母，一個較為經驗豐富 — 創造了一個獨特的學習空間，讓他們一起學習聖經育兒原則。當他們探討以基督為中心和建立親子關係時，一件意義

非凡的事情發生了：經驗豐富的夫婦自然而然地主動輔導年輕的父母。

這種自然而然、跨越世代的門徒訓練是我們事工的核心。感謝主，培育了一個 神的智慧被自由分享的群體！

### 經驗豐富的父母：藉著神的恩典重建關係

我們最近有幸輔導了一對夫婦，他們二十年前就參加過我們的育兒訓練。他們再次來找我們，迫切希望得到關於與成年子女關係破裂的指導。我們沒有把重點放在改變他們的女兒上，而是幫助他們將焦點轉移到以基督為中心，並以愛做為導向。經過數月的密集禱告和羣體支持，我們慶祝這一重大勝利：父母與女兒的關係已經修復！





**影響：**這轉變有力地表明，以基督為中心的家庭關係，永遠值得付出努力，而這只有藉著 神奇妙的恩典才可能實現。

**弟兄事工：**造就門徒，並使他們也造就門徒

令人鼓舞的是，我們看到主將我們三個會幕禱告小組（Tabernacle Prayer）的弟兄們聯合起來，讓他們都認真委身於門徒訓練上。

為了預備門訓，這些小組正在默想 神的話語，並以專注的禱告回應祂。我們期待這次訓練不僅能激發參與者個人傳福音和守基督徒紀律的心，也能裝備他們成為更堅強的**家庭領袖**，從而幫助他們的教會也更加以基督為中心。

**你們的下一步：**請為這群弟兄禱告，求 神賜給他們**智慧和熱情**，使他們能在未來一年忠心地運用這次的門徒訓練。

**\*MCCH的使命是透過輔導來做生命的改變，從而培養出以基督為中心的門徒、家庭和教會。MCCH與當地教會合作來實現這一目標。**

Anita Chang's 收获

关于释放恐惧的反思：一段降服之旅

安妮塔老师关于“如何释放恐惧”的课程引发了我深刻的反思。虽然我意识到自己并不惧怕死亡，但某些恐惧仍然让我感到束缚。

今天祷告时，我直接向主提出一个问题：“如果我不惧怕死亡，为什么我仍然被恐惧所捆绑？我回想起安妮塔老师之前的教导：“爱里没有惧怕”，这让我一度认为我的恐惧源于缺乏上帝完全的爱。

当我继续寻求答案时，圣灵让我想到但以理朋友们的故事。他们无所畏惧，因为他们知道上帝掌管一切。我向上帝承诺：“主啊，即使我必须像他们一样被火烧死，我也绝不退缩。”然而，挥之不去的恐惧促使我提出一个更深层次的问题：真正的根源是什么？

圣灵揭示了答案：“撒但常常抓住我们最在乎的人和事，使我们感到恐惧。”我瞬间明白：女儿是我最大的软肋。虽然我可以把自己的生命托付给祂，但一想到她可能会受苦，我就崩溃。她即将参加驾照考试，这更加剧了我的担忧。尽管她曾遭遇过车祸，但她依然勇敢地面对着考试。

当我向上帝祈求，为什么我比她更害怕时，圣灵问我是否真的能将我最大的爱托付给祂，并比作亚伯拉罕献祭以撒。我坦白了我内心深处的恐惧——我害怕她失败，因为我相信这会影响到她的人生、未来和信仰。

但随后我深刻地领悟到：“你害怕她的失败会让你失去信仰、喜乐和荣耀。你害怕她的失败会成为你的耻辱，因为你还没有完全地将一切交托给上帝。”

听到这话，我泪流满面，立刻宣告：“主啊，我愿意顺服；我愿意将一切都完全交托给你。”

当内心怀疑的声音挑战我：“你会后悔的”时，我立刻回应：“我不会后悔！”我重申了牧师在讲道中分享的三项核心承诺：毫无保留，绝不退缩，绝不后悔。

我也想起了安妮塔老师的教导：“如果你先求祂的国和祂的义，这些东西都要加给你了。”

今天，我不再为女儿的考试而焦虑。主让我看到了恐惧的真正根源：不是外在的环境，而是我内心深处那份尚未完全交托给祂的心。现在，我愿意放手，甚至将我最珍爱的一切都交托给祂，因为祂配得我完全的降服。感谢主！

### Allen Tu's 收获

#### 1. 灵命成长与团契：锚与生命线

灵修小组的圣言诵读和祷告聚会，每日的灵命成长中犹如一个坚实的锚点。生命转化胜于信息获取：默想式的圣经阅读，使我不再只是匆匆忙忙地寻求信息，而是安息在神的话语中，寻求生命的转化。这种操练加深了我对经文的理解，在属灵挑战中给予我支持，也与我的个人读经相得益彰。

共享的生命线与弟兄们的团契得到了极大的加强。聆听他们对经文的不同解读，拓宽了我的理解；我们坦诚谦卑的代祷，让我明白祷告不仅是个人的操练，更是一条共享的生命线将我们的心在基督里合而为一。每次聚会后我都感到灵里得到滋养和鼓励与基督的身体也更加紧密地联结在一起。

#### 2. 加深我们对神的认识：系列亮点

虽然每个系列都有所贡献但有两个系列对我们更深地认识神产生了尤为深远的影响：

圣灵与圣子（约翰福音15-16章）：这个系列意义非凡，生动地展现了圣父、圣子和圣灵之间亲密而充满力量的关系。它揭示了属灵成长并非单打独斗，而是要不断地依靠基督——葡萄树，并通过圣灵的内住而不断成长。耶稣关于保惠师的应许变得切实可行也更贴近个人。

神就是爱（约翰一书4章）：这个系列提出了一个至关重要的关系和转变挑战。它帮助我安息在神的爱中，同时激励我真诚谦卑地将这份爱向外彰显，显著改善了我与妻子和孩子的关系。

祷告事项

2026 年事工计划

## 1. 人生阶段辅导

单身职业人士小组：铁磨铁：目标一致的兄弟情谊

新婚夫妇小组：婚姻即使命：彰显基督及其教会

年轻父母培训小组：家庭是信仰的主要摇篮

## 2. 男士事工：勇敢分享你的故事：从培训到生命转变



MCCH Board & Staff with spouses